



Tips for Anyone Using These Resources

Introduction

Inspired offers a range of resources to help groups explore together ideas that will help us listen to, engage with and support families and local communities. The following activities are particularly intended for use within informal groups:

Sharing the Bible together
Celebrating what we currently do
Listening to each other
Supporting and working with the clergy
Listening to our community
Dreaming and planning for the future

Advance preparation

Facilitation: Anyone with just a little experience of group facilitation could use them. A great resource for anyone facilitating groups is *Once Upon a Group*, by Maggie Kindred and Michael Kindred, available from any good online bookseller.

Timings: Each activity will take around 45 minutes, so that there is plenty of time for other things a group would normally do when together. Several activities could be explored in one session if you have more time.

Sequence: If you are planning to use some or all of the activities over a number of occasions, you could use them in the order they are listed, but you could also select your own order. If you are using all activities, then save the 'Dreaming and Planning for the Future' till last.

Equipment: You may need to provide pens, flip chart paper, handouts etc, depending on which activities you are using. Read through each session outline to identify any equipment needed.

On the day

Providing refreshments will help the group get to know and feel comfortable with each other. As these sessions are informal, ideally, it's helpful if people can be seated informally.

How did it go?

Ideas and resources to help you reflect on how your session went can be found here, see the document *Measuring Impact*:

www.mothersunion.org/content/outreach-guidelines



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Support

These resources can be downloaded as pdfs. If you'd like to be able to 'cut and paste' any of the content and need the resource in Word format, please contact us at inspired@mothersunion.org

If you'd like to chat things through with someone before leading any of these sessions, please contact your Mothers' Union diocesan trustees, or email the central staff team (see below).

Feedback!

We'd be particularly grateful to hear news from you about any ways, (big or 'small') that **Inspired** has helped you and fellow members as you offer Christian care to families.

Please send any feedback to inspired@mothersunion.org

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**"Now to him who is able to do immeasurably
more than all we ask or imagine,
according to his power that is at work
within us, to him be glory in the church
and in Christ Jesus throughout all generations,
Forever and ever! Amen."
*Ephesians 3: 20-21***