



Helpful Resources

Resources from Mothers' Union

Inspired worship

A series of four short acts of worship that can be used throughout a meeting or as a series of reflections at different meetings can be found here:

inspired.mothersunion.org/engaging-inspired/worship

Inspired ideas

All over the UK and Ireland, members are doing amazing things, reaching out to couples, families and communities through the Church and local community to offer kindness and encouragement. The Inspired ideas are just some examples of the ways members are doing this; shared so that others can consider if these ideas, or something like them, will work in their community too. Currently there are about 100 Inspired ideas on the website, but this wonderful collection keeps growing. Each idea can be viewed on line, or downloaded as an A4 sheet. The ideas can be found here: inspired.mothersunion.org



If you have an Inspired idea to share, that is not already included on the website, do please contact us at inspired@mothersunion.org

Activities to help small or larger groups engage with Inspired

These can be found on the website here: inspired.mothersunion.org/engaging-inspired/short-activities-informal-groups Each activity will take around 45 minutes; several can be done together if a group has more time. Anyone with just a bit of experience of facilitating groups will feel comfortable using these resources.

Inspired day programmes for larger events

If you're considering introducing Inspired through a day programme at a larger event, an outline programme can be found here. Please contact the central staff team for facilitator's notes, handouts etc, at inspired.mothersunion.org/engaging-inspired/outline-day-programme If you'd like to invite a facilitator to come and help deliver the day, please the central team to explore options.

Mothers' Union resources

Hand in Hand is a resource that encourages people to enjoy faith as a family. For details of how to purchase this and other resources, see here:

www.mothersunion.org/members/im-member/resources-order



Helpful Resources

Additional free Hand in Hand related resources can be found here:

www.mothersunion.org/content/hand-hand-resources

Mothers' Union DVD Together We Grow – building parish ministry with Mothers' Union

Mothers' Union Diocesan Presidents have a copy of this, it is also available on the Mothers' Union youtube channel www.youtube.com/user/MothersUnion

For information about Mothers' Union parents' groups, see here:

www.mothersunion.org/our-focus/supporting-family-life/parenting-programme/our-uk-ireland-parenting-programme

A baptism resource for parents:

www.mothersunion.org/content/baptism-resource-parents

To find out about training Mothers' Union offers to those involved in preparing couples for marriage see:

www.mothersunion.org/our-focus/marriage/preparing-couples-marriage/loving-life

Best practice guidelines for those involved in parent and toddler groups can be found here:

www.mothersunion.org/content/parent-toddler-groups-good-practice-guide

For information and guidance relating to planning and developing projects, measuring impact, safeguarding, please consult with your diocesan trustees and also see here:

www.mothersunion.org/content/outreach-guidelines

For information about risk assessment and managing and supporting volunteers, please consult with your diocesan trustees and also see here: www.mothersunion.org/content/practicalities

Mothers' Union campaigns

www.mothersunion.org/get-involved/campaign

Other resources

Touching the cloak: Biblical monologues based on the encounters of Jesus, by Jackie Mouradian, can be purchased here:

www.lulu.com/gb/en/shop/jackie-mouradian/touching-the-cloak-biblical-monologues-based-on-the-encounters-of-jesus/paperback/product-22021652.html

Church of England: Working together and collaborative ministry

www.churchofengland.org/education/adult-education-lay-discipleship-and-shared-ministry/lay-and-collaborative-ministry/resources/collaborative-ministry.aspx

Fresh expressions of church: <http://www.freshexpressions.org.uk/>



Helpful Resources

Just Church, Local congregations transforming their neighbourhoods:

www.theology-centre.org.uk/resources/research/

www.theology-centre.org/

Theological reflections on asset based approaches to community development:

www.cuf.org.uk/research/theological-reflection-asset-based-community-development

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